

A 30 Minute Instaread Summary The Boys In The Boat Nine Americans And Their Epic Quest For Gold At The 1936 Berlin Olympics

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Dark Pools - Scott Patterson 2012-06-12
A news-breaking account of the global stock market's subterranean battles, Dark Pools portrays the rise of the "bots"--artificially intelligent systems that execute trades in milliseconds and use the cover of darkness to out-manuever the humans who've created them. In the beginning was Josh Levine, an idealistic programming genius who dreamed of wresting control of the market from the big exchanges that, again and again, gave the giant institutions an advantage over the little guy. Levine created a computerized trading hub named Island where small traders swapped stocks, and over time his invention morphed into a global electronic stock market that sent trillions in capital through a vast jungle of fiber-optic cables. By then, the market that Levine had sought to fix had turned upside down, birthing secretive exchanges called dark pools and a new species of trading machines that could think, and that seemed, ominously, to be slipping the control of their human masters. Dark Pools is the fascinating story of how global markets have been hijacked by trading robots--many so self-directed that humans can't predict what they'll do next.
Reconstructing Amelia by Kimberly McCreight | A 30-minute Summary - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. Reconstructing Amelia by Kimberly McCreight | A 30-minute Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter 1 A blogger reveals what the staff of Grace Hall High School did during summer break and makes fun of them. The writer says students should buckle up for an exciting year. Chapter 2 It is September 14th. Amelia and Ben are chatting online. Amelia asks Ben when he knew he liked boys. He says he always knew. Ben says his dad has business in New York in a few weeks, and he will try to visit her. Chapter 3 It is October 24th. Kate is in an important meeting at her law firm when she receives a call from Mrs. Pearl, the dean of students at Grace Hall Private High, informing her that her daughter has been suspended. Fifteen-year-old Amelia has never been in trouble before. Kate takes the train to Brooklyn and ends up being an hour late to pick up Amelia. At the school, she learns that Amelia jumped from the roof and died...
Creativity, Inc. by Ed Catmull: A 30-minute Summary - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. Creativity, Inc. by Ed Catmull: A 30-minute Summary Inside this Instaread Summary: Overview of the entire book Introduction to the Important people in the book Summary and analysis of all the chapters in the book Key Takeaways of the book A Reader's Perspective Preview of this summary: Chapter 1 Every Sunday, as a kid, Catmull watched on TV The Wonderful World of Disney, where Disney explained how they made their animations and incorporated technological breakthroughs into their work. One day, Catmull had a life-changing realization: a good animation was measured by whether or not the character on the screen made you believe it was a thinking being. He decided he wanted to become an animator and create emotional characters. Catmull graduated with a double major in Physics and Computer Science from the University of Utah. In his graduate program he met professor Ivan Sutherland, a pioneer in computer graphics and director of the computer graphics program. The program was funded by the Advanced Research Projects Agency (ARPA), the creators of the first computer network, ARPANET, which would later evolve into the Internet. ARPA was developed as a response to the threat of the Soviet Sputnik satellite, the first of its kind. The U.S. felt threatened by Soviet technological advancements and they developed ARPA to stay up with the Soviets. To Catmull, the lesson to be learned from this was when the competition gets smart, you need to get smarter. Catmull found enormous inspiration in the computer graphics program, not only from the technology he was discovering but also from his fellow students. The collaborative and creative atmosphere he experienced there was something he later tried to emulate at Pixar. In 1972, Catmull made his first animated film, a digitized model of his left hand. Hand became a reference for state-of-the-art computer animation. Professor Sutherland came up with the idea of an exchange program with Disney. Disney would send an animator to the University of Utah to learn about new technologies, and the university would send one of their students to learn about storytelling. Catmull was sent to propose....

Orange Is the New Black by Piper Kerman - A 30-minute Instaread Summary - Instaread

Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. Orange Is the New Black by Piper Kerman - A 30-minute Instaread Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter 1 In 1993, twenty-four year old Piper Kerman was at the Brussels airport, waiting for her suitcase after arriving from Chicago via Paris. She was dressed like a fashionable businesswoman, but was nervous because \$10,000 that belonged to a West African drug lord was hidden in her suitcase. It arrived on a later flight. She dashed out of the airport, accidentally skipping a stop in Customs. Kerman had graduated from Smith College. Though she came from a Boston family of high achievers, doctors and lawyers, she majored in theater. Most of her friends got real jobs. She had no plan, though, and ended up waitressing in Northampton. She hung out with a crowd of similarly situated young people, having affairs with lovers of both sexes, dressing in black, and getting tattoos. During this time, Piper began an affair with a lesbian neighbor, Nora Jansen. Nora was a drug smuggler, transporting cash and heroin for a West African drug lord named Alaji. He also happened to be her sister, Hester's, boyfriend. One day, Nora came home with a suitcase full of cash and a new Mazda Miata convertible. Piper enjoyed the perks of Nora's lifestyle, but the drug activity made her nervous. When a friend decided to move to San Francisco, Piper saw it as a way out of her relationship with Nora. However, Nora suggested they move in together there. Not only did Piper stay with Nora, she used Nora's cover story to explain the move to her family. Nora's story was that she and a friend, Jack, were starting a magazine, so Piper told her family she would be working for the magazine in San Francisco...

I Know Why the Caged Bird Sings by Maya Angelou - A 30-minute Instaread Summary - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. I Know Why the Caged Bird Sings by Maya Angelou - A 30-

minute Instaread Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter 1 Marguerite was three and her brother, Bailey, four when they arrived in Stamps, Arkansas. They were to live with their grandmother, Momma Henderson, because their parents in California were divorcing. Momma owned a general store in the heart of the black area and sold lunches to workers all over town. During cotton season, the pickers left their lunch sacks at the store to be filled. Marguerite saw how the grueling, low-paid drudgery wore them down. Years later she would lash out against the stereotype of happy cotton pickers singing in the fields. Chapter 2 Momma's son, Uncle Willie, made sure the children learned their lessons. Uncle Willie was dropped by a baby-sitter as an infant. This accident left his body twisted and one hand deformed. People tried not to look at him. He wore starched shirts and shined shoes. He tried to stand proud, but was the local scapegoat and butt of jokes. In a world where a strong black man could barely get by, Uncle Willie was resented because his family owned a store filled with shelves of food and other goods. One afternoon, he broke down when strangers asked to take his photo. Marguerite felt his pain at being stereotyped as a cripple. Though she read and enjoyed the works of many classical white and black writers, Marguerite fell in love with Shakespeare because the first line in Sonnet 29, "When in disgrace with fortune and men's eyes. (Ch2, EPUB)", expressed exactly how she felt, and how she knew Uncle Willie felt...

As a Man Thinketh - James Allen 2021-05-01
As A Man Thinketh maps out the way in which our thoughts can affect our physical, mental, emotional and social health. It also discusses ways in which we can use our visions and ideas to lead us to peace of mind. This book by James Allen sums up the hows, whys and whats of taming the mind and its infinite energies, of channelizing the power of positive thinking, and striking a balance between the inner world of our thoughts as against the outer world of action.

The Husband's Secret by Liane Moriarty - A 30-minute Summary - Instaread Summaries
2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. The Husband's Secret by Liane Moriarty - A 30-minute Instaread Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter One Cecilia's husband, John-Paul, is in Chicago on business. She is a busy mother and part-time Tupperware consultant. Her twelve-year-old daughter, Esther, is currently obsessed with the Berlin Wall. Cecilia has a piece of the wall from a trip she took to Germany several years ago. While in the attic searching for it, she finds a mysterious envelope with her name on it. A note on it says that it should only be opened in the event of her husband's death. She does not open it. When she mentions the letter to John-Paul on the phone, she is troubled by his awkward silence. Chapter Two Tess and Felicity are cousins. Felicity was always overweight until recently, when she joined Weight Watchers and lost forty pounds. Tess, her husband, Will, and Felicity own a marketing business together in Melbourne. Tess is worried about her mother, who has just broken her ankle, and her six-year old son, Liam, who is being bullied at school. Will and Felicity call Tess into a meeting to tell her they have fallen in love. Furious, Tess says she will move back to Sydney with Liam to help her mother. She believes that her husband became attracted to Felicity when she lost weight. She tosses cold coffee in their faces....

How We Got to Now - Steven Johnson
2014-09-30

From the New York Times–bestselling author of Where Good Ideas Come From and Extra Life, a new look at the power and legacy of great ideas. In this illustrated history, Steven Johnson explores the history of innovation over centuries, tracing facets of modern life (refrigeration, clocks, and eyeglass lenses, to name a few) from their creation by hobbyists, amateurs, and entrepreneurs to their unintended historical consequences. Filled with surprising stories of accidental genius and brilliant mistakes—from

the French publisher who invented the phonograph before Edison but forgot to include playback, to the Hollywood movie star who helped invent the technology behind Wi-Fi and Bluetooth—How We Got to Now investigates the secret history behind the everyday objects of contemporary life. In his trademark style, Johnson examines unexpected connections between seemingly unrelated fields: how the invention of air-conditioning enabled the largest migration of human beings in the history of the species—to cities such as Dubai or Phoenix, which would otherwise be virtually uninhabitable; how pendulum clocks helped trigger the industrial revolution; and how clean water made it possible to manufacture computer chips. Accompanied by a major six-part television series on PBS, How We Got to Now is the story of collaborative networks building the modern world, written in the provocative, informative, and engaging style that has earned Johnson fans around the globe.

Daring Greatly - Brené Brown 2013-01-17
Researcher and thought leader Dr. Brené Brown offers a powerful new vision in Daring Greatly that encourages us to embrace vulnerability and imperfection, to live wholeheartedly and courageously. 'It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; . . . who at best knows in the end the triumph of high achievement, and who at worst, if he fails, at least fails while daring greatly' - Theodore Roosevelt Every time we are introduced to someone new, try to be creative, or start a difficult conversation, we take a risk. We feel uncertain and exposed. We feel vulnerable. Most of us try to fight those feelings - we strive to appear perfect. Challenging everything we think we know about vulnerability, Dr. Brené Brown dispels the widely accepted myth that it's a weakness. She argues that vulnerability is in fact a strength, and when we shut ourselves off from revealing our true selves we grow distanced from the things that bring purpose and meaning to our lives. Daring Greatly is the culmination of 12 years of groundbreaking social research, across the

home, relationships, work, and parenting. It is an invitation to be courageous; to show up and let ourselves be seen, even when there are no guarantees. This is vulnerability. This is daring greatly. 'Brilliantly insightful. I can't stop thinking about this book' -Gretchen Rubin Brené Brown, Ph.D., LMSW is a #1 New York Times bestselling author and a research professor at the University of Houston Graduate College of Social Work. Her groundbreaking work was featured on Oprah Winfrey's Super Soul Sunday, NPR, and CNN. Her TED talk is one of the most watched TED talks of all time. Brené is also the author of The Gifts of Imperfection and I Thought It Was Just Me (but it isn't).

A Random Walk Down Wall Street - Burton Gordon Malkiel 1996

Drawing from his experience as a securities analyst, economist, and investor, the author explains the workings of Wall Street and offers advice on determining the value and potential of stocks

Willpower - Roy F. Baumeister 2011-09-01
One of the world's most esteemed and influential psychologists, Roy F. Baumeister, teams with New York Times science writer John Tierney to reveal the secrets of self-control and how to master it. "Deep and provocative analysis of people's battle with temptation and masterful insights into understanding willpower: why we have it, why we don't, and how to build it. A terrific read." —Ravi Dhar, Yale School of Management, Director of Center for Customer Insights Pioneering research psychologist Roy F. Baumeister collaborates with New York Times science writer John Tierney to revolutionize our understanding of the most coveted human virtue: self-control. Drawing on cutting-edge research and the wisdom of real-life experts, Willpower shares lessons on how to focus our strength, resist temptation, and redirect our lives. It shows readers how to be realistic when setting goals, monitor their progress, and how to keep faith when they falter. By blending practical wisdom with the best of recent research science, Willpower makes it clear that whatever we seek—from happiness to good health to financial security—we won't reach our goals without first learning to harness self-control.

Orphan Train by Christina Baker Kline | A

30-minute Summary - Instaread Summaries 2014-10-02

PLEASE NOTE: This is a summary of the book and NOT the original book. Orphan Train by Christina Baker Kline | A 30-minute Summary Inside this Instaread Summary: Overview of the entire book Introduction to the Important people in the book Summary and analysis of all the chapters in the book Key Takeaways of the book A Reader's Perspective Preview of this summary: Chapter 1 Molly is a seventeen-year old girl living in the foster care system. Her current foster parents are Dina and Ralph. Molly is sure she will soon be kicked out and sent to the juvenile detention center. She was caught stealing an old copy of Jane Eyre from the public library. She learns she can do community service instead of going to the detention center. Dina wants to kick Molly out, but Ralph talks her into letting Molly stay. Jack is Molly's boyfriend. His mom, Terry, is a housekeeper for Vivian, the elderly woman who lives alone. Terry asks Vivian if Molly can help her clean her attic as part of a school project. She does not want Vivian to know that Molly actually needs community service hours. Chapter 2 During Molly's interview, Vivian asks Molly about herself. Molly shares that she is a Penobscot Indian. Her father died, and her mother could not care of her, so she ended up in the foster care system. Vivian tells Molly that she became an orphan at almost the exact same age as Molly. She then asks Molly when she would like to begin working in the attic...

Summary of Reconstructing Amelia - Instaread Summaries 2016-04-05

The Power of the Other - Instaread 2016-06-14
The Power of the Other by Henry Cloud | Summary & Analysis Preview: The Power of the Other by Henry Cloud is a self-help book that demonstrates the ways that people influence each other. It describes how to cultivate healthy relationships in order to get the most benefit from interpersonal relationships. Individuals can improve themselves beyond certain limits only if they have emotional connections with and receive feedback from others. Healthy relationships improve physical and mental development, as well as shape the mind's methods for managing how the body handles

information and energy. A relationship can take one of four forms. It could be a complete lack of connection, a connection based on negative emotions, a connection based on falsely positive emotions, or a true connection based on healthy emotions and trust. Leaders are especially prone to disconnected relationships because they learn to rely only on themselves or have few opportunities to be vulnerable in order to improve relationships. A negative emotional relationship... PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book. Inside this Instaread Summary of The Power of the Other: Overview of the Book Important People Key Takeaways Analysis of Key Takeaways About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience.

The Hard Thing About Hard Things by Ben Horowitz - A 30-minute Summary & Analysis - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. The Hard Thing About Hard Things by Ben Horowitz - A 30-minute Summary & Analysis Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Introduction Ben explains that every time he reads a self-help or management book, he thinks about the fact that it didn't really address the hard things like laying people off or having good people start demanding unreasonable things. The problem with self-help books is that they try to provide a recipe for dealing with difficult, dynamic situations. Challenging situations can not be solved with a formula. Instead of using a formula in this book, the author presents his story as he progressed from an entrepreneur to CEO to venture capitalist. He shares some of the lessons he has learned along the way. He explains that although circumstances may differ, patterns and lessons resonate with each experience. For the last several years, he has shared lessons learned on his popular blog. Many people have emailed him to ask about the stories behind the lessons. Ben

shares that he has been inspired along the way by many family members, friends, and advisers who have helped him. Hip-hop/rap music has also inspired him because these artists aspire to be both great and successful. He also admires that rappers see themselves as entrepreneurs.

□1: From Communist to Venture Capitalist Ben's grandparents were card-carrying Communists. His dad grew up indoctrinated in the Communist philosophy. Ben's family moved to Berkeley, California, in 1968. His dad then became the editor of the famous New Left magazine, Ramparts. When Ben was five, his family moved to Bonita Avenue, a middle-class Berkeley neighborhood. One day, a friend of Ben's older brother, Roger, pointed to an African American kid down the block who happened to be riding in a red wagon. Roger dared Ben to go tell the kid to give him his wagon, and if he refused, to spit in his face and call him a racial epithet. Roger wasn't a racist and did not come from a bad family. Ben later found out that he had schizophrenia. He had wanted to see a fight. Ben was afraid of Roger, and his demand put him in a very tough situation. He thought Roger would beat him up if he didn't do what he told him to do. He was also afraid to ask for the wagon. He walked toward the boy and when he got near enough, he said, "Can I ride in your wagon?" The boy, Joel Clark Jr., said, "Sure." Ben turned to look at Roger and saw that he was gone. Ben went on to play with Joel all day, and they have been best friends ever since. That experience taught Ben that being scared didn't mean he was gutless. He learned that what he did mattered and determined whether he would be a hero or a coward. If he had completely followed Roger's order, he would have never met his best friend. He also learned not to judge things by appearance alone. If a...

Mr. Mercedes by Stephen King - A 30-minute Summary of the Novel - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. Mr. Mercedes by Stephen King - A 30-minute Summary of the Novel Inside this Instaread Summary: Overview of the entire book Introduction to the Important people in the book Summary and analysis of all the chapters in the book Key Takeaways of the book A Reader's Perspective Preview of this

summary: Part 1 Chapter 1 Down-on-his-luck, Augie Odenkirk helps homeless Janice Cray care for her baby as they wait in the early morning fog for a job fair. A gray Mercedes plows into the crowd. Augie, Janice and the baby are among the victims. Part 2 Chapters 1-3 About a year after the Mercedes crash, Retired Detective K. William Hodges watches more grubby reality shows, fails to enjoy his beer, and thinks, again, of shooting himself. The arrival of the mail distracts him. A letter, allegedly from the driver of the killer Mercedes, stuns him. The writer brags about killing eight and wounding many. He says that he got off sexually at he drove into the crowd. He wore a condom and used bleach to get rid of any DNA. He wore a hair net under a clown mask for the same reason. He knows Hodges is miserable and hopes the letter cheers him up. He gives Hodges a website where they can talk, including a username: kermitfrog19. Chapters 4-6 Hodges wonders if he should turn the letter over to his former partner, Pete Huntley. He believes the writer is the killer because he knows inside information about the condom and the bleach. The idea of using this letter, and chats on line, to catch the killer gives Hodges a reason to live. Chapter 7-9 Hodges analyzes the letter and sees that the writer has several identifying traits, including misusing perk for perp and peppering his words with an image of a smiley face. The same smiley face was glued onto the steering wheel of the Mercedes. Hodges calls Pete and makes a lunch date....

Summary of Ghost Boy - Instaread Summaries 2016-04-04

The Fault in Our Stars: A 30-minute Summary of the John Green Novel - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. The Fault in Our Stars: A 30-minute Summary of the John Green Novel Inside this Instaread Summary: Overview of the entire book Introduction to the Important people in the book Summary and analysis of all the chapters in the book Key Takeaways of the book A Reader's Perspective Preview of this summary: Chapter 1 Hazel Grace Lancaster has thyroid cancer that has metastasized into her lungs. The tumors are no longer growing

because of an experimental drug, but she will never fully recover. Hazel is watching television when her mother makes her get up and go to her cancer support group. Hazel dislikes the group, but her mother makes her attend because she thinks she needs to socialize more. She arrives just before the group begins. Isaac, her friend, talks about the surgery he will have in a few weeks. He had cancer in one eye and that eye was removed. However, the cancer is now in his other eye and he will have to have that eye removed, as well. As added support, Isaac brought his friend, Augustus Waters, to the support group. Augustus, a very good looking young man, is also a cancer survivor. He had osteosarcoma that required the removal of his leg. After support group, Hazel and Augustus wait outside for her mother. Isaac is with his girlfriend, Monica, making out on the far side of the church. Augustus asks Hazel to come to his house to watch *V for Vendetta* with him. He thinks she looks like Natalie Portman as she was in that movie. However, Hazel refuses when Augustus pops a cigarette into his mouth until he tells her that it is just a metaphor. She finds it so amusing, the irony of putting something that causes cancer into this mouth but not giving it the power to cause cancer, that she agrees to go to his home. Chapter 2 Augustus is a terrible driver because he cannot feel the gas pedal under his fake leg. Hazel makes him admit the only reason he has a driver's license is because the examiner felt sorry for him. She calls it a Cancer Perk. They share their cancer stories. At Augustus' house, Hazel meets his parents. Then they go downstairs to his bedroom. Augustus tells Hazel that he used to play basketball, but before he was diagnosed he realized it was pointless, the act of constantly throwing a ball into a basket. Then he asks her what she likes to do. She tells him about her favorite book, *An Imperial Affliction*. He agrees to read it if she will read his favorite book, *The Price of Dawn*. Augustus and Hazel go into the living room to watch the movie. Hazel thinks the movie is a guy-thing. Augustus drives her home and asks her to call him later. She promises to call when she finishes the book....

A Spy Among Friends by Ben Macintyre - A 30-minute Instaread Summary - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. *A Spy Among Friends* by Ben Macintyre - A 30-minute Instaread Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this book: Chapter One At the age of twenty-two, Nicholas Elliott became a spy. Elliott's father, Sir Claude Aurelius Elliott, Headmaster at Eton College, had powerful connections. When Elliott announced his desire to join the intelligence service, his father was able to arrange it for him. Elliott attended prep school at Durnford, where he endured horrific brutality, then to Eton and Cambridge. He neither worked hard nor excelled academically, but developed a close friendship with Basil Fisher whose death during the Battle of Britain had a devastating effect on him. In 1938, Elliott was invited to accompany Sir Nevile Bland, a senior diplomat, to The Hague, the seat of government in the Netherlands, to serve as his honorary attaché in the Foreign Office. This opportunity provided his first introduction into clandestine work, as well as exposure to Hitler. He left The Hague with the conviction that Hitler must be stopped and the best way to do this was to become a spy...

When Bad Things Happen to Good People - Harold S. Kushner 2001

Offers an inspirational and compassionate approach to understanding the problems of life, and argues that we should continue to believe in God's fairness.

Business Adventures by John Brooks - A 30-Minute Instaread Summary - Instaread Summaries 2014-10-17

PLEASE NOTE: This is a summary of the book and NOT the original book. *Business Adventures* by John Brooks - A 30-Minute Instaread Summary: Twelve Classic Tales from the World of Wall Street Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter 1 The concept of the stock market was invented in Amsterdam in 1611, as chronicled in a book published in

1688 by stock trader Joseph de la Vega. His insights into trading remain remarkably relevant today. He coined the term “antiperistalsis” to describe when the market reverses course, then reverses course again. Even back then, de la Vega found that brokers were creative in trying to find reasons for why stocks behave the way they do. The mini-stock market crash that took place on May 28, 1962, did not last long, but offers some fascinating insight into the way the market works. The causes of the crash, at the time the worst since 1929, remain somewhat elusive. One possibility was individual investors, particularly wealthy investors not connected to the securities business. However, it also appeared to be the large number of rural, female and foreign investors who had been playing the market with borrowed money and were forced to pay on margin calls. There were also problems related to the mechanical delay in recording and reporting trades via the ticker due to the sheer volume of transactions. Customers could not really know what the prices were when they tried to sell stocks. No matter the cause, the loss was large at more than \$20 billion...

Big Little Lies by Liane Moriarty - A 30-minute Instaread Summary - Instaread Summaries 2014-10-17

PLEASE NOTE: This is a summary of the book and NOT the original book. *Big Little Lies* by Liane Moriarty - A 30-minute Instaread Summary Inside this Instaread Summary: Overview of the entire book Introduction to the Important people in the book Summary and analysis of all the chapters in the book Key Takeaways of the book A Reader's Perspective Preview of this summary: Chapters 1-4 Mrs. Patty Ponder, an elderly woman who lives next to the Pirriwee Public School in Pirriwee Beach, Australia, hears a commotion going on at the school's trivia night. She looks out the window and sees fighting going on among the parents at the event. She hears a woman screaming. Madeline Mackenzie drives her daughter, Chloe, to her kindergarten orientation day at school. When she comes to a stop light, Madeline gets out of her car and goes to the car in front of her to yell at a woman who is using her phone while driving. On the way back to her car, Madeline turns her ankle and falls. Newcomers to the area, Jane Chapman and

her son, Ziggy, are in the car behind Madeline. They are also on their way to kindergarten orientation. Jane sees Madeline fall and gets out of her car to help her. Jane gets Ziggy and Chloe to the school, then she and Madeline go to Blue Blues, a beachside café, to meet Madeline's friend, Celeste. Madeline tells Jane about her ex-husband, Nathan, and his new family. Jane tells Madeline that she is a single mom. She says Ziggy is the result of a one-night stand...

An Invisible Thread - Laura Schroff 2012-08-07 Presents the true story of a friendship that has spanned three decades, recounting how the author, a harried sales executive, befriended an eleven-year-old panhandler, changing both of their lives forever.

Limitless - Jim Kwik 2020-04-07

An instant New York Times bestseller and #1 Wall Street Journal bestseller. JIM KWIK, the world's #1 brain coach, has written the owner's manual for mental expansion and brain fitness. *Limitless* gives people the ability to accomplish more--more productivity, more transformation, more personal success and business achievement--by changing their Mindset, Motivation, and Methods. These “3 M's” live in the pages of *Limitless* along with practical techniques that unlock the superpowers of your brain and change your habits. For over 25 years, Jim Kwik has worked closely with successful men and women who are at the top in their fields as actors, athletes, CEOs, and business leaders from all walks of life to unlock their true potential. In this groundbreaking book, he reveals the science-based practices and field-tested tips to accelerate self learning, communication, memory, focus, recall, and speed reading, to create fast, hard results. Learn how to: **FLIP YOUR MINDSET** Your brain is like a supercomputer and your thoughts program it to run. That's why the Kwik Brain process starts with unmasking assumptions, habits, and procrastinations that stifle you, redrawing the borders and boundaries of what you think is possible. It teaches you how to identify what you want in every aspect of your life, so you can move from negative thinking to positive possibilities. **IGNITE YOUR MOTIVATION** Uncovering what motivates you is the key that opens up limitless mental capacity. This is where Passion + Purpose + Energy meet to move you

closer to your goals, while staying focused and clear. Your personal excitement will be sustainable with self-renewing inspirations. Your mind starts strong, stays strong, and drives further exponentially faster. MASTER THE METHOD We've applied the latest neuroscience for accelerated learning. Our process, programs, podcasts, and products unleash your brain's own superpowers. Finish a book 3x faster through speed reading (and remember every part of it), learn a new language in record time, and master new skills with ease. These are just a few of the life-changing self-help benefits. With Kwik Brain, you'll get brain-fit and level-up your mental performance. With the best Mindset, Motivation and Method, your powers become truly limitless.

[Flash Boys by Michael Lewis - A 30 Minute Summary](#) - Instaread Summaries 2014-09-16

PLEASE NOTE: This is a summary of the book and NOT the original book. Flash Boys by Michael Lewis - A 30-Minute Instaread Summary

Inside this Instaread Summary:

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- Summary and analysis of all the chapters in the book
- Key Takeaways of the book
- A Reader's Perspective Preview of this summary: Chapter 1 In 2007, stock brokers were frustrated by the varying speed of communication between the Chicago Mercantile Exchange and the data center beside the Nasdaq stock exchange in Carteret, New Jersey. A former stock broker, Dan Spivey, researched the situation and discovered that most fiber optics buried between the two cities followed train tracks and major cities. The problem lay in the fact that this route was not straight, as was ideal for speed of communication, but made many twists and turns. Spivey studied maps and found a route following small paved roads and dirt roads that were straighter. Spivey traveled the route with a construction man, looking for obstacles. They were unable to find any. Spivey founded a company with Jim Barskdale, the former CEO of Netscape Communications, called Spread Networks. Through this company they began the complicated process of laying the fiber. This included more than four hundred deals that had to be arranged with the many towns the route transected. Spivey contacted construction engineer Steve Williams, and asked him to supervise the laying of fifty miles of fiber,

starting in Cleveland. Williams did such a good job, Spivey and Barskdale hired him to supervise the complete installation. Williams and Spivey disagreed on the route on many occasions. Spivey was frustrated with Williams' attempts to avoid obstacles by deviating from the route and Williams did not understand why the straight route was so important. A full year after Spread began burying the fiber, their project remained a secret. Even their workers were kept in the dark to protect the project from being blown out of the water by unwanted competition. Then it was time to begin selling the line to Wall Street. Unfortunately, it was difficult to prove the value of their product, let alone prove that it existed. To solve this, Spivey went to sales meetings with a large map that showed the route of the fiber as well as pictures of the amplifiers built inside maximum security bunkers along the route. The reception was not always good. Many disliked the language of the contract Spread wanted them to sign, especially the language that kept the companies from sharing the line with their clients. Spread ran into multiple problems finishing their project. One held them up for some time while they struggled to find a way to bury cable under a river. They eventually found a tunnel that worked perfectly for their purposes. Another was the hostility they faced in a small town in Pennsylvania when they attempted to get permission to dig under a parking lot that blocked their route....

LaRose - Instaread 2016-06-15

LaRose by Louise Erdrich | Summary & Analysis Preview: LaRose by Louise Erdrich is a novel about two little boys who are torn from their families and the infinite sorrow that's left in their wake of their separations. As the repercussions of a tragic hunting accident unfold on a North Dakota reservation from 1999 to 2003, the narrative intermittently reaches back in time as far as 1839 to explore stories from the families' Ojibwe heritage. Almost two hundred years' worth of Ojibwe culture, American history, and family drama are brought to bear on the unusual situation of LaRose Iron, a five-year-old who handles an impossible situation with wisdom and grace. The central narrative starts off with a bang: Landreaux Iron, a skilled hunter, has shot his neighbors' son. When five-year-old Dusty Ravich fell from his hiding place in a tree,

he took a bullet that was meant for a deer. Landreaux is officially absolved of any wrongdoing; the shooting was... PLEASE NOTE: This is summary and analysis of the book and NOT the original book. Inside this Instaread Summary of LaRose: · Summary of the Book · Important People · Character Analysis · Analysis of the Themes and Author's Style About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience.

The Power of Now - Eckhart Tolle 2010-10-06

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, The Power of Now is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.

An Unthinkable Thing - Nicole Lundrigan 2022-04-12

A tragedy brings a young boy into the home of a "perfect" family--one whose dark secrets begin closing in, until a horrifying moment changes everything. Tommie Ware's life is turned upside down the summer of 1958, just after his eleventh birthday. When his beloved aunt--the woman who raised him--doesn't return after her shift as a night nurse and is later found murdered, there is only one place left for Tommie to go: "home" to the mother who handed him over the day he was born. All is not as it seems behind the hedgerow surrounding the lavish Henneberry estate where Tommie's mother, Esther, works as live-in housekeeper. Her employers have agreed he can stay until she "sorts things out," but as she's at the family's beck and call around the clock, Tommie is mostly left on his own to navigate the grounds, the massive house, and

the twisted family inside. Soon he is enmeshed in the oppressive attentions of matriarch Muriel, who is often heavily medicated, and of fifteen-year-old Martin, who treats Tommie sometimes like a kid brother, sometimes like a pawn in a confusing game. While Dr. Henneberry mostly ignores Tommie, he also seems eager for him to be gone. Then there's the elderly neighbour, who may know more about the family's past than anyone else will say. By summer's end, the secrets and games tighten around Tommie and his mother, until a horrific crime is discovered and we are faced with an unthinkable question: could an eleven-year-old boy really have committed cold-blooded murder?

Men Are from Mars, Women Are from Venus - John Gray 1993-04-23

Popular marriage counselor and seminar leader John Gray provides a unique, practical and proven way for men and women to communicate and relate better by acknowledging the differences between them. Once upon a time Martians and Venusians met, fell in love, and had happy relationships together because they respected and accepted their differences. Then they came to earth and amnesia set in: they forgot they were from different planets. Using this metaphor to illustrate the commonly occurring conflicts between men and women, Gray explains how these differences can come between the sexes and prohibit mutually fulfilling loving relationships. Based on years of successful counseling of couples, he gives advice on how to counteract these differences in communication styles, emotional needs and modes of behavior to promote a greater understanding between individual partners. Gray shows how men and women react differently in conversation and how their relationships are affected by male intimacy cycles ("get close", "back off"), and female self-esteem fluctuations ("I'm okay", "I'm not okay"). He encourages readers to accept the other gender's particular way of expressing love, and helps men and women learn how to fulfill each other's emotional needs. With practical suggestions on how to reduce conflict, crucial information on how to interpret a partner's behavior and methods for preventing emotional "trash from the past" from invading new relationships, Men Are from Mars, Women Are

from Venus is a valuable tool for couples who want to develop deeper and more satisfying relationships with their partners.

[Me Before You by JoJo Moyes - A 30-minute Instaread Summary](#) - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. Me Before You by JoJo Moyes - A 30-minute Instaread Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter 1 Louisa 'Lou' Clark, a member of a working class family in a small English village, has just lost her job. Although both Lou's father, Bernard, and her sister, Treena, work, neither makes enough money to help the family make ends meet without Lou's income. For this reason, it is decided that Lou should apply for a new job at the Job Centre as soon as possible. The next day Lou goes to the gym to see her boyfriend, Patrick. He sees Lou's lost job as an opportunity for her to improve herself and find something better. The counselor at the Job Centre suggests Lou apply as a care assistant for a man in a wheelchair. She is not interested in this job, but she is running out of options. She agrees to go for the interview. Chapter 2 Lou usually wears odd, eccentric clothes. For the job interview, Josie, her mother, insists she wear a business suit. Lou goes to Granta House, an elegant and expensive home next to the local tourist attraction, Stortfold Castle. She is interviewed by Camilla Traynor. Camilla is Will Traynor's mother. Will became a quadriplegic after being hit by a motorcycle. He already has a nurse named Nathan to take care of his personal and medical needs. Camilla wants to hire someone to be a companion for Will and to stay with him during the day when no one else can be there. Lou thinks the interview goes badly. Therefore, she is surprised when Camilla offers her the job with a six-month contract and generous pay. Chapter 3 Lou reports for work at Granta House the following morning. Camilla shows her around the annexe, a space that was once stables but was turned into guest quarters. This is where Will lives now that he is confined to a wheelchair. Camilla

explains her duties to Lou. She makes it clear that Lou is not to leave Will alone and unattended for more than 15 minutes at any one time. Camilla introduces Lou to Will and Nathan, Will's nurse. Nathan explains Will's medications to Lou and tells her she is there to cheer Will. Nathan leaves, and Lou and Will are left to get to know each other. It does not go well. Will is sullen, quiet, and talks very little. She keeps herself busy with cleaning and household chores to fill in the time. Lou is unhappy about the first day at her new job. She talks to her sister Treena about it. Treena asks her to stick with the job because she has decided to quit her job and go back to college. She has received a grant to help pay her tuition, but will have to quit her job. Lou feels this puts more pressure on her to earn an income...

Unbroken by Laura Hillenbrand - A 30-minute Instaread Summary - Instaread Summaries 2014-10-08

PLEASE NOTE: This is a summary of the book and NOT the original book. Unbroken by Laura Hillenbrand - A 30-minute Instaread Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter 1 Louis was the son of Anthony and Louise Zamperini, Italian immigrants. He was one of those kids who got into everything. He stole from everyone, but could always talk his way out of scrapes. The only thing that scared him was flying. He once flew in an airplane and was so frightened by the altitude and speed that he swore he would never have anything to do with them again. Louis was the exact opposite of his big brother Pete, who was polite, hard-working, tall and handsome. Louis, their parents and their two little sisters idolized Pete. Louis, meanwhile, was puny and bullied. One event changed Louis entire attitude when he was a teen. He saw how eugenics, the practice of improving the quality of human genetics, almost left one neighborhood boy locked up in an institution and sterilized. Louis knew he fit the profile of the kids the eugenicists were trying to eradicate and fought to turn himself around to avoid the fate the other boy nearly faced. For this reason, he began giving

away all he stole and doing random acts of kindness for neighbors and his family...

Outliers - Malcolm Gladwell 2008-11-18

From the bestselling author of *Blink* and *The Tipping Point*, Malcolm Gladwell's *Outliers: The Story of Success* overturns conventional wisdom about genius to show us what makes an ordinary person an extreme overachiever. Why do some people achieve so much more than others? Can they lie so far out of the ordinary? In this provocative and inspiring book, Malcolm Gladwell looks at everyone from rock stars to professional athletes, software billionaires to scientific geniuses, to show that the story of success is far more surprising, and far more fascinating, than we could ever have imagined. He reveals that it's as much about where we're from and what we do, as who we are - and that no one, not even a genius, ever makes it alone.

Outliers will change the way you think about your own life story, and about what makes us all unique. 'Gladwell is not only a brilliant storyteller; he can see what those stories tell us, the lessons they contain' Guardian 'Malcolm Gladwell is a global phenomenon ... he has a genius for making everything he writes seem like an impossible adventure' Observer 'He is the best kind of writer - the kind who makes you feel like you're a genius, rather than he's a genius' The Times

Written in My Own Heart's Blood by Diana Gabaldon - A 30-minute Instaread Summary - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. Written in My Own Heart's Blood by Diana Gabaldon - A 30-minute Instaread Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter 1 It is June of 1778, and Ian Murray is in the forest outside Philadelphia building cairns, mounds of rocks meant to be a memorial to the deceased. These are for his mother, Jenny Murray, and his uncle, Jamie Fraser. He believes they have drowned. Chapter 2 William Ransom is storming through a crowded street when a prostitute in a nearby doorway invites him in for a drink. Chapter 3 Claire Grey is upset, and

dealing with the mess William, her son, left behind after an argument. William recently learned that his father is Jamie Fraser, not John Grey. Claire recently learned her husband, Jamie, is alive. He was mistakenly presumed dead. Chapter 4 John Grey and Jamie Fraser are in the woods outside of Philadelphia. John tells Jamie that he had intimate relations with Claire, Jamie's wife. Jamie is beating him when a group of men wearing liberty caps arrives. Jamie hands John Grey over to the Continental Army soldiers. Chapter 5 The prostitute leads William to her bedroom and tells him to wash up while she makes them drinks. He curses Lord John for keeping his paternity a secret. The prostitute returns, the two fight, and she kicks him out...

The Happiness of Pursuit - Chris Guillebeau 2014-09-09

A remarkable guide to the quests that give our lives meaning—and how to find your own—from the New York Times bestselling author of *The \$100 Startup* and *100 Side Hustles* “If you like complacency and mediocrity, do not read this book. It’s dangerously inspiring.”—A. J. Jacobs, author of *The Know-It-All* When he set out to visit all of the planet’s countries by age thirty-five, compulsive goal-seeker Chris Guillebeau never imagined that his journey’s biggest revelation would be how many people like himself exist—each pursuing a challenging quest. These quests are as diverse as humanity itself, involving exploration, the pursuit of athletic or artistic excellence, or battling against injustice and poverty. Everywhere that Chris visited he found ordinary people working toward extraordinary goals, making daily down payments on their dreams. These “questers” included a suburban mom pursuing a wildly ambitious culinary project, a DJ producing the world’s largest symphony, a young widower completing the tasks his wife would never accomplish—and scores of others writing themselves into the record books. The more Chris spoke with these strivers, the more he began to appreciate the direct link between questing and long-term happiness, and he was compelled to complete a comprehensive study of the phenomenon. In *The Happiness of Pursuit*, he draws on interviews with hundreds of questers, revealing their secret motivations, their selection criteria, the role played by friends

and family, their tricks for solving logistics, and the importance of documentation. Equally fascinating is Chris's examination of questing's other side. What happens after the summit is climbed, the painting hung, the endurance record broken, the at-risk community saved? A book that challenges each of us to take control—to make our lives be about something while at the same time remaining clear-eyed about the commitment—*The Happiness of Pursuit* will inspire readers of every age and aspiration. It's a playbook for making your life count. "The Happiness of Pursuit is smart, honest, and dangerous. Why dangerous? Because it is as practical as it is inspiring. You won't just be daydreaming about your quest—you'll be packing for it!"—Brené Brown, Ph.D., LMSW, author of *Daring Greatly*

The Vacationers by Emma Straub - A 30-minute Instaread Summary - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. *The Vacationers* by Emma Straub - A 30-minute Instaread Summary

Inside this Instaread Summary:

- Overview of the entire book
- Introduction to the important people in the book
- Summary and analysis of all the chapters in the book
- Key Takeaways of the book
- A Reader's Perspective Preview of this summary:

Chapter 1 Jim, his wife, Franny, and his daughter, Sylvia, are all packing their bags to go on vacation in Mallorca, one of the Balearic Islands in Spain. Jim has recently retired and is unsure what to do with his free time. Sylvia is happy to be leaving Manhattan. She will be attending Brown University next year. Jim likes to run or walk every day, so today he walks around Terminal 7. Jim also has a son, Bobby, who lives in Florida. Bobby has a girlfriend named Carmen. Bobby, Carmen, and Franny's friend, Charles and his husband, Lawrence, will meet them in Mallorca. The Posts rented a house outside of Palma from a woman named Gemma. On the plane ride, Franny and Jim sit in business class on the plane while Sylvia sits in coach because Franny does not believe children or teenagers should sit in business class. During the flight, Jim walks back to Sylvia. Sylvia covers up the notebook she is writing in. In the notebook, Sylvia has written a list of things she wants to do before she goes to college. Last on

the list is losing her virginity. Chapter 2 On the plane, there is a biker gang that makes a lot noise by shouting obscenities at each other. Jim shows interest in them and interest in buying a motorcycle, but Franny finds them annoying. They land in Palma. Franny reflects on how she considers it a major accomplishment that her two children like each other, even though there is a ten year age difference between them. The Posts go into the rented house and explore all of the rooms. Jim reflects on the loss of his job and how Franny has been tense and angry lately. Franny is good at being friendly in public, but always finds fault in Jim. Jim and Sylvia fall asleep in their own beds. Franny goes to the local market to buy food for dinner. Franny thinks about Jim's retirement and becomes angry when she admits to herself that he did not stop working for the same reasons most men do. Franny has a compulsive eating problem. She does not see it as a problem, however, as compared to those who take illegal drugs. Sylvia wakes up and takes a shower...

[12 Rules for Life](#) - Jordan B. Peterson 2018-01-23
#1 NATIONAL BESTSELLER #1

INTERNATIONAL BESTSELLER What does everyone in the modern world need to know? Renowned psychologist Jordan B. Peterson's answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. Humorous, surprising and informative, Dr. Peterson tells us why skateboarding boys and girls must be left alone, what terrible fate awaits those who criticize too easily, and why you should always pet a cat when you meet one on the street. What does the nervous system of the lowly lobster have to tell us about standing up straight (with our shoulders back) and about success in life? Why did ancient Egyptians worship the capacity to pay careful attention as the highest of gods? What dreadful paths do people tread when they become resentful, arrogant and vengeful? Dr. Peterson journeys broadly, discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life. *12 Rules for Life* shatters the modern commonplaces of science, faith and human nature, while transforming and ennobling the mind and spirit of its readers.

Who Moved My Cheese? - Spencer Johnson
1998-09-08

THE #1 INTERNATIONAL BESTSELLER WITH OVER 28 MILLION COPIES IN PRINT! A timeless business classic, *Who Moved My Cheese?* uses a simple parable to reveal profound truths about dealing with change so that you can enjoy less stress and more success in your work and in your life. It would be all so easy if you had a map to the Maze. If the same old routines worked. If they'd just stop moving "The Cheese." But things keep changing... Most people are fearful of change, both personal and professional, because they don't have any control over how or when it happens to them. Since change happens either to the individual or by the individual, Dr. Spencer Johnson, the coauthor of the multimillion bestseller *The One Minute Manager*, uses a deceptively simple story to show that when it comes to living in a rapidly changing world, what matters most is your attitude. Exploring a simple way to take the fear and anxiety out of managing the future, *Who Moved My Cheese?* can help you discover how to anticipate, acknowledge, and accept change in order to have a positive impact on your job, your relationships, and every aspect of your life.

The First Phone Call from Heaven by Mitch Albom | A 30-minute Summary - Instaread Summaries 2014-10-21

PLEASE NOTE: This is a summary of the book and NOT the original book. *The First Phone Call from Heaven by Mitch Albom | A 30-minute Summary* Inside this Instaread Summary: Overview of the entire book Introduction to the Important people in the book Summary and analysis of all the chapters in the book Key Takeaways of the book A Reader's Perspective Preview of this summary: Chapter 1 Tess Rafferty receives the first phone call at her home in Coldwater, Michigan. She is not able to get to the phone in time, and the call goes to the answering machine. When she plays the message back, she is stunned to hear her mother's voice on the line. Her mother has been dead for four years. The police chief of Coldwater, Jack Sellers, receives the second call. His phone call is from his son, Robbie, who died while on a tour of duty as a soldier in Afghanistan. Katherine Yellin receives the third call. Her call is from her dead sister, Diane. She

immediately goes to tell the minister of her church, Pastor Warren, about the call. He has been counseling her, trying to help her deal with her grief. Sullivan Harding is released from prison. He is picked up by his parents and his son and taken home. Chapter 2 Sully Harding walked to the Davidson & Sons Funeral Home to pick up his wife, Giselle's, cremated remains. While there, he meets Horace Belfin, the funeral director. Tess Rafferty receives another phone call. She is sure the voice belongs to her dead mother. The voice speaks the same way her mother did when she was alive. On a Friday one week after the first call, Police Chief Jack Sellers receives a second call from his dead son. The voice tells Jack that it is awesome where he is and that there are no bad days there. He tells his father that he should not worry about what comes next...

Lean In by Sheryl Sandberg - A 30-minute Summary - Instaread Summaries 2014-10-03

PLEASE NOTE: This is a summary of the book and NOT the original book. *Lean In by Sheryl Sandberg - A 30-minute Summary* Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: When Sandberg got pregnant she was working at Google, which at the time was only an obscure startup. As the company grew, and her pregnancy advanced, she started to notice things that were not helpful to her condition, such as the lack of parking spots for pregnant women at the front of the building. She expressed the need for pregnancy parking to Sergey Brin, one of Google's founders, and he immediately agreed. This experience made her wonder about other pregnant women who suffered in silence due to the lack of parking and other special considerations. Women in the modern developed world, thanks to the work of their predecessors, are better off than women of the past and women in undeveloped countries. However, there is still a lot to do. Figures show that women are still at great disadvantage when it comes to obtaining positions of leadership and equal salaries to men. When Sandberg started working she thought things were changing, but she soon realized they were not because she was

often the only woman in the room. Sandberg believes that a truly equal world would have women running half the corporate world and men running half the homes. Collective performance improves when you tap the entire pool of human resources and talent. This should start by having more women in positions of power. However, there are many external and internal barriers to this goal. The external barriers include: sexism, discrimination, and sexual harassment. In addition, women are normally expected to prove themselves. They are promoted based on past accomplishments, whereas men are often promoted based on potential. Women also face barriers within themselves: lack of self-confidence, prejudices, and low expectations. It is critical for women to overcome these internal and external barriers. The first chapter of the book lays out some of the complex challenges that women face, and each subsequent chapter focuses on how to overcome each of them. It is not a memoir, nor is it a self-help book. It is written for any woman wishing to increase her chances to make it to the top. As a disclaimer, Sandberg acknowledges that she has been criticized for "blaming the victim" by pressing women to change themselves, but the truth is far from that. She believes that female leaders are the solution to a more balanced world. It is time to encourage more women to "dream the possible dream" and more men to support their effort...

Between the World and Me - Tomcat Publishing

2015-07-28

Disclaimer: This is an independent and unofficial addition to *Between the World and Me*, meant to enhance your experience of the original book. If you have not yet bought the original copy, make sure to purchase it before buying this unofficial summary. SPECIAL OFFER \$2.99 (Regularly priced: \$3.99) *Between the World and Me* was published in 2014 after the highly public and racist acts of law enforcement agents against blacks. The events that followed was a racist fueled terrorist act in Charleston, South Carolina. Ta-Nehisi's book talks about racial issues surrounding America and his personal experiences growing up around these issues. There is a residual skeletal outline that surrounds the travesties and effects of the kingdom serial and racial issues surrounding contemporary America. This book is written as a long personal narrative and letter written to his fourteen year old son who is going to grow up within the confines of a racist and prejudiced system. This review offers a detailed summary of the main themes of the book, followed by an analysis. Ta-Nehisi Coates is known as the forefront author in regards to racial issues. He is known for his previous books and is known for writing in several famous publication. He graduated from Howard University. Read more.... Download your copy today! for a limited time discount of only \$2.99! Available on PC, Mac, smart phone, tablet or Kindle device. (c) 2015 All Rights Reserved